

TOXICITY & SENSITIZATION REFERENCE

MODERATE INTERNAL TOXICITY

Basil
 Bay
 Birch
 Camphor
 Rue
 Turpentine (unrectified)
 Wintergreen

KNOWN DERMAL SENSITIZERS

Aniseed
 Bay
 Calamus
 Cassia
 Cinnamon bark & leaf
 Citronella
 Fennel (bitter)
 Jasmine absolute
 Peru balsam
 Pines
 Spearmint
 Turpentine (unrectified)

OILS TO AVOID

Bitter almond
 Buldo leaf
 Horseradish
 Savin
 Mugwort
 Mustard
 Sassafras
 Thuja
 Tonka bean
 Wormwood

KNOWN DERMAL TOXICITY

Birch
 Bitter almond
 Caraway
 Cassia
 Clove leaf
 Cinnamon bark
 Oregano
 Savory (summer)
 Wintergreen

PHOTOTOXICITY

Angelica Root	Bergamot(Cold Pressed)	Bitter Orange (Cold Pressed)
Cumin	Fig Leaf Absolute	Grapefruit (Cold Pressed)
Lime (Cold Pressed)	Mandarin Leaf	Opopanax
	Rue	Tagetes

These are not an all-inclusive lists - please read safety and contraindication information for any oils you are using.

