

EASY RECIPES & BLENDS

SUNSHINE

3 drops Lavender

3 drops Lemon

3 drops Rosemary

FALLING SNOW

3 drops White Fir

3 drops Wild Orange

2 drops Wintergreen

SPRING FLOWERS

2 drops Geranium

3 drops Lavender

3 drops Roman Chamomile

ZEN

3 drops Lavender

3 drops Lime

3 drops Mandarin

MANCAVE

3 drops Bergamot

3 drops Cypress

3 drops Arborvitae

FALL LEAVES

4 drops Wild Orange

3 drops Cinnamon

3 drops Ginger

EO- DILUTIONS

	5ml	10ml
0.5%	1/2 drop	1 drop
1%	1.5 drops	3 drops
2%	3 drops	6 drops
3%	4.5 drops	9 drops
4%	6 drops	12 drops
5%	7.5 drops	15 drops

SUNNY DAY

3 drops Wild Orange

3 drops Grapefruit

2 drops Lemon

2 drops Bergamot

