

# INTEGRATED URINALYSIS PANEL (IUP)



## What is the Integrated Urinalysis Panel?

The **Integrated Urinalysis Panel** is a laboratory test that shows how a person's system is fighting to respond, to adapt, and to manage their greatest pre-disposition towards the physical, emotional, and nutritional stresses that are directly or indirectly responsible for their health conditions. Essentially, the IUP is a "Body Audit" that tells a patient where they are spending their energy and resources, reveals the underlying causes, and provides insight as to the correct treatment to restore normal function, in an attempt to prevent disease.



## What is the benefit of the Integrated Urinalysis?

The results of the IUP laboratory test tells your physician how well your system is adapting to and managing the physical, chemical, and emotion stresses that we all face every day. It's a predictor of health issues well before they manifests into a symptom allowing for treatment of the cause before the symptom progresses further into a serious, chronic condition. It is epigenetic testing at it finest. Are you eating and feeding your genetic weakness or genetic strengths?



## What does the Integrated Urinalysis reveal?

The IUP results answer key questions that determine how well or how poorly your system is adapting to the physical, chemical, and emotional stresses that underlie your condition:

- Are you using the food/fuel ingested?
- Are you adequately digesting the food they eat?
- Are you absorbing and using nutrients digested?
- Are you getting rid of the body's waste properly?
- Where is your body being pushed to hard?



## How is the Integrated Urinalysis Panel different than a hospital urine drip?

Typically, only a quick urine dipstick test is routinely performed to screen for serious disease like diabetes, liver and kidney disease, cancers, etc. The **Integrated Urinalysis Panel** is composed of a series of over two dozen chemical tests and correlations that are unique and often too complicated and time consuming for a hospital to run. Unlike most medical urine tests, which are used to merely confirm disease, the IUP evaluates how the body is working to maintain healthy balance and identify what areas are needing to be improved. Its epi-genetics showing the bodies weakness and strengths from the environment in which you live.